

**Trish Douglas****IIW President, 2023-2024***Message*

My Dear Friends,

It is with a great sense of honour that I take over the role of International Inner Wheel “President for our Centennial Year, a year in which, with your help, we can ‘Shine a Light’ on “all the amazing work that we do in the name of Inner Wheel around the world.

I chose ‘Shine a Light’ because sometimes the light does not ‘Shine’ on all the marvellous “projects we are involved in, this past year we have been asked to ‘Work Wonders’ now we “have to ‘Shine a Light’ on all the work wonders we have done and will be doing in this very “special year ahead.

An action goal for ‘Shine a Light’ - Support mental health and well being. The action goal “is to raise awareness about mental health, provide support and resources for those struggling “with mental health issues and promote a culture of self-care, empathy and compassion.

My love to you all,

Trish x